

# Infinity Workshop Teaching Lesson Plan

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<b>Dance Objectives</b>	Qualities of Dance...Vibratory, Sustained, Explode, Percussive, Collapse, Group Shapes, Abstractions
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<b>Curriculum Objectives/ Springboards</b>	Layers of the Rainforest-emergence, canopy, understory, forest floor
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## Curriculum Tie-In

<p><b>Moving - Warm-Up (warm-up body, focus the students, and/or give vocabulary for the lesson)</b>          Create a sequence based on the syllable of the layers of the rainforest</p> <ol style="list-style-type: none"> <li>1. Emergence-stretching to the ceiling: rt. Arm, left arm both together sustain</li> <li>2. Canopy-swing down, up and around curve the back</li> <li>3. Understory- 4 sharp shapes- percussive change</li> <li>4. Forest floor – collapse, roll,</li> </ol>	<p>Dance Qualities          Sustain, swing,          percussive Axial          Movement</p>
<p><b>Investigating- Locomotion and Skills</b>  <b>Across the floor:</b></p> <ol style="list-style-type: none"> <li>1. Skips with swinging arms</li> <li>2. Sliding in a spiral</li> <li>3. Leaping as if emerging or flying through the air</li> </ol> <p><b>Shaping:</b></p> <ol style="list-style-type: none"> <li>1. Show pictures of exotic, unusual plants. What makes them unusual, color, shape, size, etc. (Or observe live plants) Explore making unusual shapes. Solo, Duet, groups, etc.</li> <li>2. Create a rainforest shape in groups of 4 representing the layering of the rain forest. Use High, medium, low and very low shapes that are exotic and interesting.</li> </ol>	<p>Locomotor Steps.          Sustained Energy          Ordinary/Extraordinary          Individual, Group</p>
<p><b>Creating (exploration, improvisation, composition)</b></p> <p><b>Create a movement pattern that explores the differences in quality, space and time discovered by the scientific observations and discussions. Work in four groups Each layer will create a pattern that represents the plant activity in one layer of the rain forest.</b></p> <p><b>In groups make an order of the above shapes and movement patterns. Decide who will dance each layer, and in what order. Be sure to include a clear beginning and ending.</b></p>	<p>Sequencing          Layers of the rain forest          Choice of choreographic          Organization          Working in groups          Accents          Movement qualities</p>
<p><b>Connecting - Perceive and Assess (evaluate, assess, contextualize, expansion )</b></p> <ol style="list-style-type: none"> <li>1. Can you see the difference in the layers of the rain forest?</li> <li>2. Name the order the layers were presented in the movement piece.</li> <li>3. What did you like about each group?</li> </ol>	
<p><b>Music suggestions, props and teaching aides.</b></p> <p><b>Possible expansion: Introduce the animals of the rain forest in each layer, and movement quality of each animal Put together a dance using all elements explored about the Amazon River and the Rain Forest. Possible use of rain sticks as a prop.</b></p>	