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HRQOL-IDD-16: HEALTH-RELATED QUALITY OF LIFE SCALE FOR PEOPLE WITH INTELLECTUAL DISABILITIES

HEALTHCARE IT

Measurement scale designed to assess health-related quality of life for people with intellectual or developmental disabilities.

TECHNOLOGY TYPE

Health-Related Quality of Life
Intellectual Disability
Developmental Disability

STAGE OF DEVELOPMENT

- Testing for psychometric properties completed.
- Ongoing comparative testing.
- Software design required.

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Reference Number: U-6140

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TECHNOLOGY SUMMARY

Tracking health-related quality of life (HRQOL) helps identify health disparities, evaluate progress on achieving health goals, and informs public policy. Existing surveys are inaccessible for certain members of the target population and too lengthy for practical health surveillance.

HRQOL-IDD-16 is a theory-based, self-administered scale designed to be accessible to individuals with mild to moderate intellectual or developmental disabilities. HRQOL-IDD-16 features 16 items across 4 quality of life domains. This scale is a self-assessment—not proxy completed. This feature increases data accuracy to better inform program decision-making. While currently in a paper and pencil format, the scale could be transferred to an app or web platform.

FEATURES AND BENEFITS

- Facilitates self-assessment of health-related quality of life.
- Increases accessibility to questions by utilizing gradient image scales and a 3rd grade reading level.
- Determines impact of disability and self-determination and the emotional, social, and functional aspects of health.

RECENT PUBLICATIONS

Clark, L., Pett, M., Cardell, B., Guo, J.W., Johnson, E. (2017). Developing a health-related quality of life measure for people with intellectual disability. *American Association on Intellectual and Developmental Disabilities*. 55(3):140-153. doi: [10.1352/1934-9556-55.3.140](https://doi.org/10.1352/1934-9556-55.3.140)

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