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SAFEUT

HEALTHCARE IT

Mobile app that connects students with a licensed clinician through real-time chat features for confidential suicide/crisis intervention services. Also allows students to send confidential safe school violation tips to school administrators.

TECHNOLOGY TYPE

App
Mental Health
Crisis Intervention

STAGE OF DEVELOPMENT

- Deployed throughout all Utah K-12 public schools.
- Expands into private K-12 schools, colleges, and universities in Utah.
- App available on Apple and Google Play stores.

IP PROTECTION

Trademarks pending for 15 states.

FUNDING TO DATE

Received over \$250,000 in funding for app development.

LEARN MORE

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TECHNOLOGY SUMMARY

Almost 6,000 youth aged 15 - 24 commit suicide each year in the United States. Resources exist to help these youth, but all too often the lack of anonymity or the need to place a call prevent youth from reaching out.

SafeUT allows students to connect with counselors anonymously through text or web chat. All interactions are handled by licensed clinicians based on professional standard of care. The SafeUT app can also be used to send tips to school officials regarding bullying, gang activity, drugs, alcohol, and more. All communications supported by SafeUT are completely anonymous, which increases the likelihood of reporting and allows schools time to respond to issues.

FEATURES AND BENEFITS

- Facilitates suicide prevention and crisis intervention.
- Offers real time, secure, confidential, two-way texting.
- Provides access to licensed mental health professionals 24/7/365.
- Allows confidential reporting of safe school violations through the tip function.

RECENT PUBLICATIONS

Woods, B. (2016). New statewide crisis line puts help in the palm of students' hands. SafeUT: Free mobile application links youth with professionals. *Salt Lake Tribune*.

For more information regarding SafeUT, please visit the University Neuropsychiatric Institute SafeUT page at <https://healthcare.utah.edu/uni/clinical-services/safe-ut/>.

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