Almost 6,000 youth aged 15 - 24 commit suicide each year in the United States. Resources exist to help these youth, but all too often the lack of anonymity or the need to place a call prevent youth from reaching out. SafeUT allows students to connect with counselors anonymously through text or web chat. All interactions are handled by licensed clinicians based on professional standard of care. The SafeUT app can also be used to send tips to school officials regarding bullying, gang activity, drugs, alcohol, and more. All communications supported by SafeUT are completely anonymous, which increases the likelihood of reporting and allows schools time to respond to issues.


For more information regarding SafeUT, please visit the University Neuropsychiatric Institute SafeUT page at https://healthcare.utah.edu/uni/clinical-services/safe-ut/.