MIND SHIELD

CREATIVE WORKS
A proactive, protective psychological training method designed to lessen the effects of trauma and PTSD on first responders.

TECHNOLOGY SUMMARY
Each year, more first responders die of suicide than job related injuries. Millions of dollars are spent annually to provide these individuals with physical protective equipment, but less is done to help emergency personnel deal with emotional trauma. Many first responders struggling with post-traumatic stress disorder (PTSD) avoid seeking help out of fear that they will be seen as weak or vulnerable. Rather than attempting to repair psychological damage after such traumatic instances, Mind Shield provides mental and emotional training proactively. Using three 90 minute sessions, first responders are taught skills to reduce symptoms, address triggers, and communicate effectively. Ultimately, Mind Shield acts as additional, unseen protective gear for first responders to preserve their mental health.

FEATURES AND BENEFITS
• Provides proactive psychological training to reduce the effects of PTSD.
• May reduce suicide attempts, addiction rates, divorce rates, and number of disability claims from emergency personnel.
• Appeals to first responders who may not otherwise seek mental counseling by branding the program as protective training rather than therapy.

RECENT PUBLICATIONS

INVENTOR PROFILE
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