**Bystander Intervention Training**

*Train-the-Trainer*

The Center for Student Wellness is launching its first-ever Train-the-Trainer program for Bystander Intervention (BI-TTT). The goal of the program is to engage more students in the culture of violence prevention by training them to facilitate Bystander Intervention trainings to their peers.

If you’ve ever attended a presentation or workshop and felt inspired by the engaging nature of the presenter and wanted to try it out yourself, now is your chance. Sign up for BI-TTT and take your place in front of blackboard!

**Frequently Asked Questions**

**How much does this training cost?**
For the pilot semester, BI-TTT will be offered to campus partners at no charge.

**Who is eligible for training?**
Any current U students who are leaders of a student organization, group, etc., and intend to facilitate a BI training to their peers within the academic year.

**What is Train-the-Trainer?**
TTT programs are methods of increasing trained facilitators. By attending a TTT program, you will be trained by the CSW in facilitating BI on your own.

**How long is Train-the-Trainer?**
10 - 12 hours: 3-5 hours of online pre-work and 7 hours of in-person training (two 3.5-hour training days).

**Once certified, what do I have to do to maintain my certification?**
Facilitators are required to present 1 BI training and complete 1 booster module via the Canvas course each year.

**What can I do with the training once I am done?**
As a certified facilitator, students will be able to facilitate the training to their peers. Additionally, facilitators have access to the BI Canvas page with course materials, facilitation tools, resources, and other trainer supports.

**How long is the Bystander Intervention training?**
BI training is highly adaptable for each group, however the CSW recommends that each training runs 75 minutes.

**Once certified, can I facilitate Bystander Intervention at other institutions?**
The Power Point slides you will have access to as a certified trainer are specific to the U. However, facilitators have support from the CSW should you want to develop your own BI for a different institution or group.

**Why should I become a certified trainer?**
Becoming a certified facilitator will help you build group facilitation, public speaking, and leadership skills—skills that are highly transferrable and valued in every career field.

You’ll also get to engage with other fellow facilitators, build a network, and learn from your peers in each session you lead.

So if you value professional development, a sense of purpose, and continuing education, look no further. Contact us today!

**Interested in getting certified?**

Register for a training on our website: [https://wellness.utah.edu/workshops-training/](https://wellness.utah.edu/workshops-training/)

Still have questions? Contact the CSW to learn more! 801-581-7776 or [wellness@sa.utah.edu](mailto:wellness@sa.utah.edu).